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"AMERICAN BANDSTAND"

Choreographer: Lrv & Betty Easterday, 18723 Dover Drive, Hagerstown MD 21742
phone: 301-733-0960/email: Roundarama@aol.com

Music: *S*T*A*R #106A (Flip: "MORE THAN EVER")
Rhythm/Phase: Two Step Phase: 11 +2 (Bk the Boat, Point Steps)
Footwork: Opposite 45 rpm July 2002
Sequence: INTRO A B A(1-8) C A(1-8) END



MEAS

INTRO

1-4 **OP FAC LOD WAIT; CIRCLE 4;**

1-4 OP fac: LOD no hds jnd wait 2; Circle 3/4 LF (W RF) shimmy hands held high L-, R-; L-, R end BFLY M fac WALL-;

PART A

1-8 **FC FC; BK BK; SD 2 STEP KNEEL & R; HTCH APT; SCIS THRU; VINE 8;**

1-4 BFLY WALL release lead hds sd L, cl R, sd L trn 1/2 LF-; sd R-, cl L, sd R trn 1/2 RF to BFLY-; sd L, cl R, sd L, bend R knee IF of L; sd R, cl L, sd R, bend L knee IF of R;
5-8 BFLY bk L, cl R, fwd L (W bk R, cl L, fwd R)-; sd R, cl L, XRIF (W XLIF); sd L, XRIB, sd L, XRIF;
REPEAT MEAS 3;

9-16 **REPEAT MEAS 1-8 PART A**

PART B

1-8 **CIRC BOX; SLO RK THE BOAT TWICE; 2 TRNG 2 STEPS; WALK (W TWIRL) 2; WALK 2;**

1-4 LOP WALL sd L, cl R, fwd L-; sd R, cl L, bk R (W RF trn under jnd lead hds fwd R,L,R-; L,R,L) to SCP LOD-;
Fwd L straight knee lean fwd, -, relax knee cl R straighten body; REPEAT MEAS 3;
5-8 Blend CP sd L, cl R, sd L pivot 1/2 RF-; sd R, cl L, sd R pivot RF end SCP LOD-; walk L-, R (W RF twd R-, L under jnd lead hds) end SCP-; walk fwd L-, R fc WALL-;

9-16 **REPEAT MEAS 1-8 PART B**

PART A (1-8)

1-8 **FC FC; BK BK; SD 2 STEP KNEEL & R; HTCH APT; SCIS THRU; VINE 8;**

1-8 REPEAT MEAS 1-8 PART A

PART C

1-8 **PT STEPS 4; VINE APT & TOG; SCIS THRU TWICE; SLO SD CLOSE TWICE;**

1-4 SCP LOD pt fwd L, step fwd L, pt fwd R, step fwd R; REPEAT MEAS 1; release SCP vine apt sd L, XRIB (XLIB) sd L, clap hds; sd R twd ptr, XLIB (W XRIB), sd R trn 1/4 RF to LOP WALL-;
5-8 LOP sd L, cl R, XLIF (W XRIF)-; sd R, cl L, XRIF (W XLIF) end BFLY WALL-; sd L-, cl R-; REPEAT MEAS 3;

9-16 **REPEAT MEAS 1-8 PART C**

PART A (1-8)

1-8 **FC FC; BK BK; SD 2 STEP KNEEL & R; HTCH SCIS; VINE 8;**

1-8 REPEAT MEAS 1-8 PART A

ENDING

1+ **[5 SLO BEATS] WALK (W TWIRL) 2; WALK 2; APT PT;**

1+ SCP LOD walk L-, R (W RF twd R-, L under jnd lead hds)-; hl end CP LOD walk fwd L-, R-; lunge apt L/
pt R twd ptr free hds high;

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