

LOUGH MELVIN'S ROCKY SHORE

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MUSIC:	"Lough Melvin's Rocky Shore" by Daniel O'Donnell	RHYTHM:	Two Step
CD:	"The Irish Album" by Daniel O'Donnell	RAL PHASE:	II + 1 [Rock The Boat]
DOWNLOAD:	Available at several Internet download sites	DIFFICULTY:	Above Average
FOOTWORK:	Opposite, dir to man, unless noted in parentheses and italics	TIME@100%:	2:28
REL. DATE:	September, 2011	SUG. SPEED:	91%
SEQUENCE:	INTRO-A-BR1-A-BR2-B-C-A-BR2-B-END		

MEAS.

INTRODUCTION

1-4 2 MEAS WAIT VARS LOD ; ; CHARLESTON ; ;

- 1-2 [1-2] In VARS LOD wait 2 meas ; ;
3-4 [3] In VARS LOD fwd L, -, point R fwd, - ; [4] Bk R, -, point L bk, - ;

PART A

1-4 2 FORWARD TWO STEPS ; ; LADY SLOW ROLL 4 TO VARS LOD ; ;

- 1-2 [1] In VARS LOD fwd L, cl R, fwd L, - ; [2] Fwd R, cl L, fwd R, - ;
3-4 [3] Releasing contact with partner fwd L, -, fwd R (*W fwd R comm RF trn, -, sd and bk L cont RF trn*), - ; [4] Fwd L, -, fwd R (*W bk and sd R cont RF trn, -, thru L comp RF trn*) to VARS LOD, - ;

5-8 2 FORWARD TWO STEPS ; ; BOTH SLOW ROLL 4 TO SCP LOD ; ;

- 5-6 [5] In VARS LOD fwd L, cl R, fwd L, - ; [6] Fwd R, cl L, fwd R, - ;
7-8 [7] Releasing contact with partner fwd L comm LF (*W RF*) trn, -, sd and bk R cont LF (*W RF*) trn, - ;
[8] Bk and sd L cont LF (*W RF*) trn, -, thru R comp LF (*W RF*) trn to SCP LOD, - ;

9-12 2 FORWARD TWO STEPS TO CP WALL ; ; BOX ; ;

- 9-10 [9] In SCP LOD fwd L, cl R, fwd L, - ; [10] Fwd R, cl L, fwd R trng RF (*W LF*) to CP WALL, - ;
11-12 [11] In CP WALL sd L, cl R, fwd L, - ; [12] Sd R, cl L, bk R, - ;

13-16 BACK AWAY 3 ; HITCH APT 3 ; STRUT TOGETHER 4 TO VARS LOD* ; ;

- 13-14 [13] From CP WALL releasing contact and moving apart bk L, bk R, bk L (*W bk R, bk L, bk R*), - ;
[14] Bk R, cl L, fwd R (*W bk L, cl R, fwd L*), - ;
15-16 [15] Fwd L, -, fwd R, - ; [16] Fwd L, -, fwd R to VARS LOD*, - ;

*NOTE: 2nd & 3rd times end in BFLY WALL

BRIDGE 1

1 ROCK THE BOAT ;

- 1 [1] In VARS LOD fwd L, draw R, cl R, - ;

BRIDGE 2

1 SIDE DRAW CLOSE ;

- 1 [1] In BFLY WALL sd L, draw R, cl R, - ;

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PHASE II + 1 TWO STEP [Above Average]
BY SUSAN HEALEA

PART B

- 1-4 VINE 3 TOUCH ; LADY WRAP 3 TOUCH ; 2 FORWARD TWO STEPS ; ;**
 1-2 [1] In BFLY WALL sd L, XRib, sd L, tch R ; [2] Sd R RLOD, XLib, sd R, tch L (*W wraps LF under M's left hand L, R, L, tch R*) ending in WRAPPED LOD ;
 3-4 [3] In WRAPPED LOD fwd L, cl R, fwd L, - ; [4] Fwd R, cl L, fwd R, - ;
- 5-8 CIRCLE PICKUP ; BACK TWO STEP ; BACK HITCH 3 ; FORWARD TWO STEP ;**
 5-6 [5] From WRAPPED LOD releasing trail hands fwd L, cl R, bk L (*W fwd R comm LF trn, fwd L cont LF trn in front of M, fwd R comp LF trn*) to CP LOD, - ; [6] Bk R, cl L, bk R, - ;
 7-8 [7] In CP LOD bk L, cl R, fwd L, - ; [8] Fwd R, cl L, fwd R, - ;
- 9-12 LEFT TURNING BOX ¾ TO CP WALL ; ; ; BACK HALF BOX ;**
 9-10 [9] In CP LOD sd L, cl R, fwd L trng ¼ LF to CP COH, - ; [10] Sd R, cl L, bk R trng ¼ LF to CP RLOD, - ;
 11-12 [11] In CP RLOD sd L, cl R, fwd L trng ¼ LF to CP WALL, - ; [12] Sd R, cl L, bk R, - ;
- 13-16 BACK HITCH 3 ; SCISSORS THRU TO SCP LOD ; WALK 4 ; ;**
 13-14 [13] In CP WALL bk L, cl R, fwd L, - ; [14] Sd R, cl L, XRif (*W sd L, cl R, XLif*) to SCP LOD, - ;
 15-16 [15] In SCP LOD fwd L, - , fwd R, - ; [16] Fwd L, - , fwd R, - ;

PART C

- 1-4 CIRCLE CHASE LF TO SIDE BY SIDE LOD ; ; ;**
 1-2 [1] From SCP LOD release partner contact and both begin travel individually in a LF circular pattern [toward COH] fwd L, cl R, fwd L, - ; [2] Cont LF circular pattern fwd R, cl L, fwd R to SIDE BY SIDE both facing RLOD [*W on M's left side*], - ;
 3-4 [3] Cont LF circular pattern [toward WALL] fwd L, cl R, fwd L, - ; [4] Cont LF circular pattern fwd R, cl L, fwd R to SIDE BY SIDE both facing LOD [*W on M's right side*], - ;
- 5-8 CIRCLE CHASE RF TO VARS LOD ; ; ;**
 5-6 [5] From SIDE BY SIDE both facing LOD both begin travel individually in a RF circular pattern [toward WALL] fwd L, cl R, fwd L, - ; [6] Cont RF circular pattern fwd R, cl L, fwd R to SIDE BY SIDE both facing RLOD [*W on M's left side*], - ;
 7-8 [7] Cont RF circular pattern [toward COH] fwd L, cl R, fwd L, - ; [8] Cont RF circular pattern fwd R, cl L, fwd R to VARS LOD, - ;

ENDING

- 1-4 CIRCLE CHASE LF TO VARS LOD ; ; ;**
 1-2 [1] From SCP LOD release partner contact and both begin travel individually in a LF circular pattern [toward COH] fwd L, cl R, fwd L, - ; [2] Cont LF circular pattern fwd R, cl L, fwd R to SIDE BY SIDE both facing RLOD [*W on M's left side*], - ;
 3-4 [3] Cont LF circular pattern [toward WALL] fwd L, cl R, fwd L, - ; [4] Cont LF circular pattern fwd R, cl L, fwd R to VARS LOD, - ;
- 5-8 2 FORWARD TWO STEPS ; ; BOTH SLOW ROLL 3 TO OPEN LOD & POINT LOD ; ;**
 5-6 [5] In VARS LOD fwd L, cl R, fwd L, - ; [6] Fwd R, cl L, fwd R, - ;
 7-8 [7] Releasing contact with partner fwd L comm LF (*WRF*) trn, - , sd and bk R cont LF (*WRF*) trn, - ; [8] Bk and sd L comp LF (*WRF*) trn to OPEN LOD, - , pt R fwd, - ; **SMILE ☺**