

MY DONEGAL SHORE

CHOREO.: Susan Healea
ADDRESS: 2803 Louisiana St., Longview, WA 98632
MUSIC: "My Donegal Shore" by Daniel O'Donnell
CD: "Dreaming" or other Daniel O'Donnell CDs
FOOTWORK: Opposite, directions to man, except where noted
SEQUENCE: INTRO-A-B-A MODIFIED-ENDING
MEAS.

PHONE: 360-423-7423
EMAIL: mscue@tdn.com
RHYTHM: Waltz
REAL PHASE: II
TIME/SPEED: 3:23 @ 100%
REL. DATE: July, 2006

INTRODUCTION

1-5 2 MEAS WAIT OP-FCG WALL;; APT PT; TOG TCH TO BFLY WALL; CANTER;
In OP-FCG WALL wait 2 meas;; bk L (W bk R), point R twd ptr, -; fwd R (W fwd L), tch L to BFLY WALL, -; sd L, draw R, cl R;

PART A

1-9 WALTZ AWAY LOD; TURN IN TO LOP RLOD; BACK WALTZ; BACK DRAW TCH; OPEN BOX;; THRU TWINKLE TO OPEN LOD; FWD FC CL TO BFLY WALL; CANTER;
From BFLY WALL releasing lead hands and trng slightly away from ptr fwd L, fwd R, cl L; fwd R, trng twd ptr fwd & sd L to LOP RLOD, cl R; bk L, bk R, cl L; bk R, draw L, tch L to R; fwd L, sd R, cl L; bk R, sd L, cl R; fwd L, sd R trng LF (W RF) twd ptr and changing joined hands, cl L con't LF trn to OPEN LOD; fwd R, fwd & sd L trng twd ptr to BFLY WALL, cl R; sd L, draw R, cl R;

10-18 WALTZ AWAY LOD; BOTH ROLL ACROSS TO LOP LOD; THRU TWINKLE TO OPEN RLOD; FWD FC CL TO CP COH; LF TRNG BOX TO CP COH;;; CANTER;
From BFLY WALL releasing lead hands and trng slightly away from ptr fwd L, fwd R, cl L; sd & fwd R trng RF and crossing in front of W, sd & bk L con't to change sds with W, sd R to LOP LOD (W trns LF and changes sds in back of M and both dancers individually rotate 360 degrees while changing sds); fwd L, sd R trng LF (W RF) twd ptr and changing joined hands, cl L con't LF trn to OPEN RLOD; fwd R, fwd & sd L trng twd ptr to CP COH, cl R; fwd L trng ¼ LF to CP RLOD, sd R, cl L; bk R trng ¼ LF to CP WALL, sd L, cl R; fwd L trng ¼ LF to CP LOD, sd R, cl L; bk R trng ¼ LF to CP COH, sd L, cl R; sd L, draw R, cl R;

19-27 WALTZ AWAY RLOD; TURN IN TO LOP LOD; BACK WALTZ; BACK DRAW TCH; OPEN BOX;; THRU TWINKLE TO OPEN RLOD; FWD FC CL TO BFLY COH; CANTER;
From CP COH releasing lead hands keeping trailing hands joined and trng slightly away from ptr fwd L, fwd R, cl L; fwd R, trng twd ptr fwd & sd L to LOP LOD, cl R; bk L, bk R, cl L; bk R, draw L, tch L to R; fwd L, sd R, cl L; bk R, sd L, cl R; fwd L, sd R trng LF (W RF) twd ptr and changing joined hands, cl L con't LF trn to OPEN RLOD; fwd R, fwd & sd L trng twd ptr to BFLY COH, cl R; sd L, draw R, cl R;

28-36 WALTZ AWAY RLOD; BOTH ROLL ACROSS TO LOP RLOD; THRU TWINKLE TO OPEN LOD; FWD FC CL TO CP WALL; LF TRNG BOX TO CP WALL;;; CANTER;
From BFLY COH releasing lead hands and trng slightly away from ptr fwd L, fwd R, cl L; sd & fwd R trng RF and crossing in front of W, sd & bk L con't to change sds with W, sd R to LOP RLOD (W trns LF and changes sds in back of M and both dancers individually rotate 360 degrees during movement while changing sds); fwd L, sd R trng LF (W RF) twd ptr and changing joined hands, cl L con't LF trn to OPEN LOD; fwd R, fwd & sd L trng twd ptr to CP WALL, cl R; fwd L trng ¼ LF to CP LOD, sd R, cl L; bk R trng ¼ LF to CP COH, sd L, cl R; fwd L trng ¼ LF to CP RLOD, sd R, cl L; bk R trng ¼ LF to CP WALL, sd L, cl R; sd L, draw R, cl R;

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PHASE II WALTZ BY SUSAN HEALEA

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PART A MODIFIED (same as "A" with additional canter in measure 32)

1-37 WALTZ AWAY LOD; TURN IN TO LOP RLOD; BACK WALTZ; BACK DRAW TCH; OPEN BOX;; THRU TWINKLE TO OPEN LOD; FWD FC CL TO BFLY WALL; CANTER; WALTZ AWAY LOD ; BOTH ROLL ACROSS TO LOP LOD; THRU TWINKLE TO OPEN RLOD; FWD FC CL TO CP COH; LF TRNG BOX TO CP COH;;; CANTER; WALTZ AWAY RLOD; TURN IN TO LOP LOD; BACK WALTZ; BACK DRAW TCH; OPEN BOX;; THRU TWINKLE TO OPEN RLOD; FWD FC CL TO BFLY COH; CANTER; WALTZ AWAY RLOD; BOTH ROLL ACROSS TO LOP RLOD; THRU TWINKLE TO OPEN LOD; FWD FC CL TO CP WALL; CANTER; LF TRNG BOX TO CP WALL;;; CANTER;

From BFLY WALL repeat part A meas 1-31 to CP WALL;..... sd L, draw R, cl R; fwd L trng ¼ LF to CP LOD, sd R, cl L; bk R trng ¼ LF to CP COH, sd L, cl R; fwd L trng ¼ LF to CP RLOD, sd R, cl L; bk R trng ¼ LF to CP WALL, sd L, cl R; sd L, draw R, cl R;

PART B

1-9 BAL L & R;; SOLO TURN TO BFLY WALL;; WALTZ AWAY LOD; LADY WRAP; FWD WALTZ; PICKUP SD CL TO CP LOD; CANTER COH;

In BFLY WALL sd L, xRibL, rec L; sd R, xLibR, rec R; releasing hands sd & fwd L commencing LF trn (W RF trn), sd R con't LF trn, cl L to momentary LOP RLOD; bk R con't LF trn and prog LOD, sd L con't LF trn to BFLY WALL, cl R; releasing lead hands trng slightly away from ptr fwd L, fwd R, cl L; fwd R, fwd L, cl R (W wraps LF into M's arms L, R, L) to WRAPPED LOD; fwd L, fwd R, cl L; fwd R, sd & fwd L, cl R (W fwd L trng LF in front of M, sd & bk R, cl L) to CP LOD; sd L twd COH, draw R, cl R;

10-19 2 FWD WALTZES;; 2 LF TRNS TO CP WALL;; CANTER; DIP BK; MANEUVER; 2 RF TRNS TO CP WALL;; CANTER;

In CP LOD fwd L, fwd R, cl L; fwd R, fwd L, cl R; fwd L commencing LF trn, sd R con't trn, cl L; bk R con't LF trn, sd L, cl R to CP WALL; sd L, draw R, cl R; bk L, -, -; fwd R commencing RF trn, con't RF trn sd L to CP RLOD, cl R; bk L commence RF trn, con't trn sd R, cl L; fwd R commence RF trn, con't trn sd L to CP WALL, cl R; sd L, draw R, cl R;

20-24 LACE ACROSS; FWD WALTZ; LACE BACK ACROSS; WALTZ TO BFLY WALL; CANTER;

From CP WALL with M's L & W's R hands joined and passing beh W moving diag across line of progression ending in LEFT OPEN LOD fwd L, fwd R, cl L; fwd R, fwd L, cl R; with M's R & W's L hands joined and passing beh W moving diag across line of progression ending in OPEN LOD fwd L, fwd R, cl L; fwd R, fwd L trng to BFLY WALL, cl R; sd L, draw R, cl R;

ENDING

1-11 BAL L & R;; SOLO TURN TO BFLY WALL;; CANTER; LACE ACROSS; FWD WALTZ; LACE BACK ACROSS; FWD FC CL TO BFLY WALL; (SLOW) TWIRL VINE 3 & POINT LOD ON 4;;

In BFLY WALL sd L, xRibL, rec L; sd R, xLibR, rec R; releasing hands sd & fwd L commencing LF trn (W RF trn), sd R con't LF trn, cl L to momentary LOP RLOD; bk R con't LF trn and prog LOD, sd L con't LF trn to BFLY WALL, cl R; sd L, draw R, cl R; with M's L & W's R hands joined and passing beh W moving diag across line of progression ending in LEFT OPEN LOD fwd L, fwd R, cl L; fwd R, fwd L, cl R; with M's R & W's L hands joined and passing beh W moving diag across line of progression ending in OPEN LOD fwd L, fwd R, cl L; fwd R, fwd L trng to BFLY WALL, cl R; sd L, xRibL, sd L (W twirls RF R, L, R under joined lead hands) to OPEN LOD; point R twd LOD, -, -; SMILE☺